

Connection and Belonging at Camelot

By Hannah Brisso Principal Riding Instructor, Volunteer Coordinator

How many volunteers are necessary for a single student with a physical disability to ride a horse in a 90-minute lesson? The answer may surprise you.

When I interviewed to become a morning ranch hand volunteer in October of 2010, Michelle Guererro nee Bartlett the Volunteer Coordinator at that time, asked me what I was willing to risk. I was caught off guard by such an unusual

interview question. I thought to myself, how risky is picking up manure? What have I gotten myself into?

The question goes much deeper than physical risk, though. As a morning ranch hand volunteer, I would not only be picking up manure (Although that was a big part of the job!), but I would also be interacting with the therapy horses, the other volunteers, the staff, and on occasion, the students.

It turned out that what I had to risk was letting go of preconceived notions and assumptions about what it means to have a disability as well as what it means to truly trust and rely on other people. What I had to risk was letting people see the "real" me—vulnerabilities and all.

I was a morning volunteer ranch hand for three years before I dared to check out the afternoon riding and horsemanship classes. I assumed I would find frustrated students and teary volunteers. To my complete and utter surprise, what I found was the exact opposite. I did see tears, but they were the result of laughter. I saw momentary frustration followed by rejoicing in success! But this level of camaraderie did not come from a superficial connection.

I overheard a conversation between a group of volunteers who had been working with a particular student for quite some time. The bond between them was palpable. There was a discussion taking place about super powers and what each would choose if given the opportunity. The volunteers gave answers such as, "the ability to fly!" and, "I would love to have x-ray vision!" After a short pause, the student said, "I would like to be able to walk." The volunteers didn't make a joke or shrug it off, and they didn't attempt to hide

their agreement with this sentiment. It was a powerful moment that encapsulated the "right to risk" upon which Camelot is founded. The mission statement is not just a right to risk our physical well-being on the back of a 1,200-pound animal, but also our right to risk sharing vulnerabilities, being seen, and creating lasting connections.

It's because of these profound connections that Camelot t. volunteers continue for much longer than mainstream volunteer-

trend data would have you believe. Camelot is a small organization with about 40 active volunteers at any given time. Many of these volunteers have been contributing their time and talents on a weekly basis for 10, 15, even 20+ years.

Being such a small organization, each Camelot volunteer has a high level of responsibility. If a shift is missed, there is not another volunteer waiting to cover it. The horses and the students are depending on the reliability of the volunteers. They are trusting the volunteers to honor their commitment and show up. As a result, volunteer attendance is consistent, and communication is excellent.

365 days each year, even when classes are not in session, the stalls are cleaned and leveled for the students to enter to retrieve their horses. The aisle ways are kept free from debris and loose hay for students to navigate while leading a horse. The tack is kept oiled and in good repair for the students to ride safely. Brush and weeds around the arena are trimmed back so that the horses needn't become startled by small animals hiding. Each of these jobs is just as important as that of horse leader and side walker, who accompany students during mounted classes.

So how many Camelot volunteers does it take for a single student with a physical disability to ride a horse in a 90-minute lesson?

All of them. Every single one. ∞



Camelot volunteers gathered in the arena for a silly pre Hooves & Heroes photo shoot.



The word volunteer has many meanings. It can be used as a noun or a verb, it can be a person's title, and it is also a pledge. Today's edition of *The Camelot Chronicles* is to honor our volunteers! This program is what it is today because of the collective efforts of each and every one of you giving selflessly week in, week out — year after year! You are Camelot's heart and soul: our very lifeblood. Without you, this program would not be the same — not in any way, shape, or form. From the bottom of our hearts, please know we appreciate you, and we give many, many thanks for you. ∞



Merlin's Muse By Mary Hadsall

Executive Director

20+ years

Vicki Baumler - 1985 Shirley A. Lowman - 1989 Chuck Johnson - 1997 Bonnie Trowbridge - 1997 Cate Campbell - 2001



15+ years Ray Klein - 2002 Jeanne Alspaugh - 2004





Marsha Lindsey - 2007 Phil Simpson - 2007





Share Camelot with your friends. Maybe they would like to become involved as a volunteer or a donor. Becoming a volunteer is easy; simply visit our website at

CamelotAZ.org, click on the "How You Can Help" tab where you will be taken to our volunteer page, see donation opportunities, and learn more about our fundraising events.

Camelot is a qualifying charitable organization under the Arizona Charitable Tax Credit program. Donors can claim a tax credit for monetary donations to charitable organizations on their Arizona state tax return. Camelot's **QCO** code is 20137.

Are you an Amazon shopper? If so have you heard of **AmazonSmile**? AmazonSmile is a program where Amazon donates 0.5% of the purchase price of eligible products to the charitable organization selected by their customers. The next time you are headed to your computer or device to go shopping, visit smile.amazon.com and choose Camelot Therapeutic Horsemanship as your charity of choice!

Are you a **member of a service group or club** that works hard to raise funding for non-profits? Suggest Camelot at your next monthly meeting! I would be delighted to give a presentation about the program services to your group.

Organize a Third-Party Event for Camelot! This is a fundraiser where Camelot is the designated beneficiary. This is a wonderful way for Camelot to cultivate new relationships, increase exposure in the community about our services, and raise funds!

Have you heard of **Matching Gifts**? A matching gift, also known as a matching fund, is a charitable gift made toward a non-profit organization by a matching donor (e.g., employer) under the provision that an original donor (e.g., an employee) first makes a gift toward that organization!

Gifts in kind, also referred to as in-kind donations, is a kind of charitable in which, instead of giving money to buy needed goods and services, the goods and services themselves are given.



5+ years

Leslie Baranzini - 2011

Peg Mulloy - 2011

Sasha Graham - 2012

Rico Francisco - 2013 Jenny Kominsky - 2013

Karen Menosky - 2013

Janene Nielson - 2013

Karen Bishop - 2015

Jennifer Nopolus - 2015

Kim James - 2016

Janet O'Meara - 2016

Roslyn Tayne - 2016

Bill Vale - 2016



Rebecca T., Camelot instructor, driving Jim (aka K2) in the covered arena. Seated on Rebecca's left is Bridget K., alumna, Amanda F., student, and Kristina V. volunteer.

Congratulations, Rebecca Thompson, your countless hours of practice and hard work has paid off beautifully! I am very proud to announce to the Camelot family that you are officially a PATH Intl. certified therapeutic driving instructor! Woo-hoo and three cheers to you, Rebecca! ∞

Heroes' Heroes

Dedicated to all our devoted summer volunteers!



Tammy Bloyer



Cassie Calevert



Carol Chapman



Ally Clark



Sara Esteves



Gretchen Heberling



Laura Holub



Felicia Jackson



Ray Klein



Chris Madsen



Karen Menosky





Joyce Nolan



Leo Nolan



Jennifer Nopolous



Katie Stearns



Roslyn Tayne



Karen Tenney



Cole Turner



Kristina Vahe



Mary Wales-Long

Memorial gifts in any amount are a beautiful way to honor a beloved friend or family member, be they human or otherwise. We also welcome gifts in honor of birthdays or other special occasions. All such donations are acknowledged with a special card or email and a mention in our newsletter.

When sending in your gift, please include a brief note designating whom it is memorializing, and in which category you are submitting it. If you would like an acknowledgment card sent, please include the recipient's address.

Camelot Chronicles is published semiannually by Camelot, a nonprofit equestrian therapy and outdoor education program run for people with disabilities. All materials herein are copyright 2021 Camelot. Material may be reproduced with permission and credit. For subscription and other information, visit our website at CamelotAZ.org; write to

23623 N. Scottsdale Rd., Suite D3 Box 259, Scottsdale, AZ 85255; or call 480-515-1542.

Publisher: Mary Hadsall Editor: Shirley A. Lowman

Nifty Bits News from the Ranch



Deepest appreciation to our **2021 major donors**. Thank you for your generous support!

> **Ames Construction** Judy & Mike Brisso The Charro Foundation Robin & Andy Erlich **Heska Corporation OneAZ Credit Union Curt & Gerry Pindler** Scottsdale Active 20/30 Foundation Roslyn & Bret Tayne **Bonnie & John Trowbridge** Verdoorn Foundation

Camelot welcomes back to the rider schedule Eliron F., and we welcome our new Dragon Slayers, Margaret B. and Erin R.

Three cheers to our new volunteers, welcome aboard!

Carol Chapan, Sara Esteves, and Cole Turner

Everyone at Camelot wants to wish Marsha Horshok and Sara Larson a fond farewell. We are going to miss you, but we are excited to hear stories of your new adventures back East!

Starry Knights tickets go on sale September 1st. Limited seating this year, so get your tickets before seats sell out! Available at CamelotAZ.org!

In Honor of: Mocha Bandit, Batman & Robin Ray Klein All the volunteers Roslyn Tayne Samantha Tayne & George Burleson Holly & Ronen Tayne Susan Schuster Lisa Schuster Eva Vasbinder All the students and horses Chase, Brock and Rylee Thea Johnson Farmer Chuck Johnson Dr. Joyce Abbott Finishline Fence **Sydney Morrison** Mary Hadsall Michelle Guerrero

All Healthcare Workers All Therapy Animals Matt & Sara Robison Jan Miller Eileen Szvchowski Andrea Syvrud Gail "Starr" Learner Robin Erlich Sharon Goldman Patrick Bonner Crystal Ashley **Sydney Morrison** The Nolan Family Paolo Contu-Owen Sir Carramore The Bold aka Cliff Dweller Camelot Amanda F. Kelly Knodel Jason Lowman Jill Seymour Nicole Armstrong-

Best

Liz Covert

Annette Duran

Steve Pike Charlie Gorham Lori Dugan Rebecca Nolan All Camelot Heroes John Badalamenti Mira & Stella Mueth Hannah Kuhlmann Parker Sutherland Sasha Graham Camelot Staff **Camelot Volunteers** Aeron Lee Megan Neibauer Tallulah & Memphis BWEvan & Yale Debbie Griffith Vilma Colon Bridget Korn Geff & Sheila Graham In Memory of: Tank Josef Rivers, Teacher

& Gentleman Bruce

Oso Stinky The Szychowski & Rooney Family Marie Krombholz Michael Stone Lori Edwards Lois Ulatowski Rosemary Goldner Edna Pindler Robert Saltz Melissa Weimer Lo Cascio Roy & Ann C. Ray & Gregg Cheeley Joan Schiralli Charleen Anderson Father Dell Dean Benigno Kyle Kekuhaupio Jim Olk Jim Draper Rico Gidget Lucy Grandpa Levi Galia Sodoma

Mack The Camelot Golf Committee Cheryl Mcarthy Donna C. Ted Szychowski Bartok **Ernest Mulloy** Kathleen Lynch Robert Lynch Madelyn Lynch Elizabeth Stuttman Blaine Camelot's Guardian Angels Paladin Bravo Marge Milliman Candy Echo John Marshall Kramer Colt Wesley Brown Curt & Bob Archie

Rosie Parrella

Camelot wishes to acknowledge all of the special people and cherished animals who were honored with hearts before and during the spring fundraising campaign. Best efforts were made to acknowledge everyone; sincere apologies if your loved one is not mentioned.

Raise your sword against the most formidable enemy of all... the voice within that says "I can't" – Eileen Szychowski, Camelot Founder